



RIBOVILLE

Wellness Centre

PRICELIST

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Luxury spa

Aromatherapy – using soft pressure

Relieves anxiety, promotes relaxation, Excellent for insomnia, Made with natural products

60 minutes - R 650 | 90 minutes - R 890

Swedish massage- using soft to medium pressure

Excellent for tense muscles, Helps with relaxation, Helps to remove toxins out of the body, Improves blood circulation

60 minutes - R 750 | 90 minutes - R 950

Shea butter – made with a mixture of natural oils

Excellent for acne prone skin, Helps with extreme dry skin

60 minutes - R 750 | 90 minutes - R 900

Magnesium massage

Excellent for blood clots, Inflammatory heart or cholesterol, Great for muscle cramps, Great for constipation

60 minutes - R 790 | 90 minutes - R 950

Hot stone massage

Helps with aches and pains, aching muscles, Wakes up tired and exhausted body, Promotes blood circulation, Excellent for stress, anxiety and depression.

60 minutes - R 850 | 90 minutes - R 990

Deep tissue massage

Focus on muscle structure, relieving pain in the body and muscles, Great for exhaustion

60 minutes - R 850 | 90 minutes - R 990

Destress massage – this offers all massages as a whole.

Starts with back scrub, Benefits is the deeper focus for stress. Mother of all the massage done with different technics. Done with a combination of pressure points dealing with knots and muscle tension. Stretching the entire body wrapping up with soothing hot stone. Excellent for hard workers or people who are into fitness. Super for travelers. Rejuvenating full body massage.

60 minutes - R 900 | 90 minutes - R 1250 | 120 minutes R1 450

Luxury spa

Riboville signature massage

A worthwhile treat for the whole body. Starts with a back dead sea body scrub to prepare the body by opening the pores. Followed by various techniques and detailed sequences. Promotes deep relaxation. Helps with insomnia

60 minutes - R 990 | 90 minutes - R 1350 | 120 minutes - R 1450

Hot oil therapy massage

Special unique massage for super dry skin. Helps with acne prone skin. Done with hot oils.

60 minutes - R 790 | 90 minutes - R 890

Half leg and foot massage

Muscles and joint pains, Swollen tired foot treatment, Helps with water retention.

30 minutes - R 450 | 40 minutes - R500

Reflexology

Healing foot massage focusing on deep pressure points, done with a stick. Excellent for speed healing after any operation. Helps with insomnia. Promotes deep focus on variety issues of the human body. Come from the Asians healers.

30 minutes - R 490 | 45 minutes - R 590

Indian head massage

Amazing crown treatment and helps with sinuses. Beneficial for tension headaches giving you an energy booster and clarifying your mind.

30 minutes - R 450 | 60 minutes - R 550

Nail Bar

Manicures

Express manicure (30min)	R 200
Luxury manicure with polish (60min)	R 250
Luxury manicure with gel (60min)	R 350
Gel polish (nail prep & application) (45min)	R 250

Pedicures

Express pedicure (45min)	R 250
Luxury pedicure with polish (60min)	R 300
Luxury pedicure with gel polish (60min)	R 400
Gel polish (nail prep & application) (45min)	R 300

Other

Nails just buff & shine	R 200
Gel soak off	R 200

Grooming

Facial (Dr Barmans)

Standard	R 500
Deep cleanse	R 700

Waxing

3/4 leg	R 285	Full leg	R 300
Half arm	R 180	Full arm	R 280
Under arm	R 155		
Chest	R 300	Back	R 360
Lip	R 120	Chin	R 120
Full face	R 220		
Brow shape	R 150	Brow tint	R 125
Eyelash tint	R 130		
Full bikini hollywood	R 330		
Full body exfoliation (45 min)	R 390		
G5 stimulators - 20 min	R 280		

Sun Booth

Indoor tanning – “tan can”

1 session

R 100

10 sessions

R 800

Plasma Pen

Non surgical face lift:

Forehead	R 2 850
Frown	R 1 300
Forehead & frown	R 3 600
Top lip & chin	R 1 950
Bottom lip	R 1 900
Mid face lift	R 4 400
Nasolobial face lift	R 1 950
Neck lift	R 3 600
Full face lift	R 8 900
Top eyelid	R 2 900
Crows feet	R 2 850
Eye lid & crows feet	R 4 700
Skintag / mole / wart removal	R 670 each

Needling

PRP (Vampire facial)	R 3 400
Retinol micro needling	R 2 450
Acne treatment	R 2 400
Sun spots	R 2 700
Pigmentation	R 2 550
Amino acid peels	R 1 100

Sports Massage

Deep tissue sports massage
Myofascial release
Myofascial decompression cupping therapy
Inversion therapy
Cryotherapy
Assisted stretching
Reflexology
Sns (sympathetic nervous system reset)
Nervous system recovery

60 minutes - R 750 | 90 minutes - R 1 000

Packages

4 x 60 minutes - R 2 600

4 x 90 minutes - R 3 200

Cryotherapy

Cryo hour liquid carbon dioxide **R 1 200**

(4-5 localised cryotherapy sessions with localised massage)

Per area (3-5 minutes) **R 300**

Cryo hour liquid nitrogen **R 1 500**

(4-6 localised cryotherapy sessions with localised massage)

Per area (3-5 minutes) **R 350**

Cryo-facials (10 x sessions) **R 2 500**

Physical Training

Functional movement training
Strength training
Conditioning
High intensity interval training
Injury rehabilitation
Kettle bell ballistics instruction
Group fitness training
Assisted stretching
Full body mobility training

Prices

Private 1 on 1

R 500 / hour

Training program only

R 250 / program

Nutrition

Fat loss
Nutrition coaching
Lean muscle gain
Body measurements
Weight loss support
Meal plans

Pricing & packages

Nutrition coaching package

R 2 000 / Month

(includes weekly weigh-ins, body measurements, meal plans & support)

Once off nutrition coaching, meal plans requirements, advice **R 1000**

Wellness

Ozone colon hydrotherapy

R 1 250

Quantum test

R 850

Acudetox

R 750

Drip Bar

Standard Drips

Jet fuel

R 1 300

Vit C, Magnesium, Manganese, Zinc, B6, B12

Helps with Energy, cancer, hangover, viral infections. Vitamin boost

Glutathion

R 500

Helps with Hangover, liver detox and skin whitening

Homeopathic Drips

Boss is “espresso” (energizer)

R 650

Coenzyme composition, Ubichinon composition, Cerebrum composition, Tonico injeel, Testis composition

Master of soul cleansing (detox)

R 300

Ubichinon composition, Hepar composition, Lymphomyosot

Dump the rump (weight loss)

R 300

Thyreoida composition, Lymphomyosot, Coenzyme composition

Give the man a “bells” (hangover)

R 650

Ubichinon composition, Hepar composition, Lymphomyosot, Mucosa composition

Sex bomb

R 300

Testis composition

No pain, more gain

R 650

Traumeel, Spascupreel, Lymphomyosot, Discus composition

Healthy self (immune boost)

R 650

Traumeel, Engystol, Echinacea, Lymphomyosot

Meet the Team



Ilona

082 443 3287

Wellness Centre Manager

Sports Massage

Cryotherapy

Physical Training

Nutrition



Dr Isabella

073 909-7562

Wellness

Drip Bar

Plasma Pen

Needling



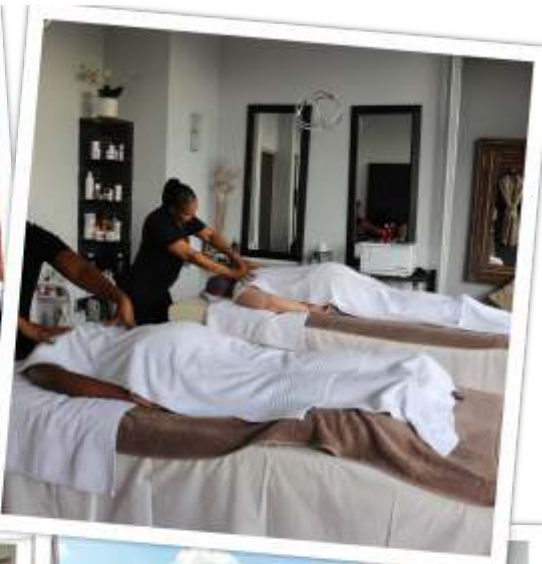
Goodness

Curry Spa Treatments

Nail Bar

Grooming

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**For further information or bookings contact
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